

2019 EASTERN "C" DIVISIONAL
 TRACK & FIELD MEET
 May 16, 2019 @ the Lambert Sports Complex
 SCHEDULE OF EVENTS

TRACK EVENTS				FIELD EVENTS		
10:45	100 Meter Hurdles	Finals	Girls	10:00	Pole Vault	Boys
	110 Meter Hurdles	Finals	Boys		Shot Put	Boys
					Javelin	Girls
11:15	100 Meter Dash	Finals	Girls		Long Jump	Girls
	100 Meter Dash	Finals	Boys			
11:35	1600 Meter Run	Finals	Girls	11:30	Discus	Boys
	1600 Meter Run	Finals	Boys		Triple Jump	Boys
					High Jump	Girls
12:00	4X100 Meter Relay	Finals	Girls			
	4X100 Meter Relay	Finals	Boys			
12:20	400 Meter Dash	Finals	Girls			
	400 Meter Dash	Finals	Boys			
	Lunch Break				Lunch Break	
2:00	300 Meter Hurdles	Finals	Girls	1:00	Javelin	Boys
	300 Meter Hurdles	Finals	Boys		Long Jump	Boys
					Pole Vault	Girls
2:20	800 Meter Run	Finals	Girls		Shot Put	Girls
	800 Meter Run	Finals	Boys			
2:40	200 Meter Dash	Finals	Girls	2:30	High Jump	Boys
	200 Meter Dash	Finals	Boys		Discus	Girls
					Triple Jump	Girls
3:00	3200 Meter Run	Finals	Girls			
	3300 Meter Fun	Finals	Boys			
3:35	4X400 Meter Relay	Finals	Girls			
	4X400 Meter Relay	Finals	Boys			